



Curriculum Overview

Health and Physical Education Term 2 2016

Prep

The students will participate in movement games with and without equipment. They will continue to prepare for the Cross Country Carnival in Week 3. Students will learn how their body responds to movement through track and field skills such as long jump and running sprints and participate in the St Joseph's Athletics Carnival in Week 11.

Year One

The students participate in games that use a number of different fundamental movement skills and will begin to understand why rules are needed in games. They will identify how the body reacts to activities of different intensities and will continue to prepare for the Cross Country Carnival in Week 3. They will demonstrate fundamental movement skills in different movement situations through track and field skills such as long jump, shot put, high jump and running sprints and participate in the St Joseph's Athletics Carnival in Week 11.

Year Two

The students participate in games that use a number of different fundamental movement skills and will begin to understand why rules are needed in games. They will identify how the body reacts to activities of different intensities and will continue to prepare for the Cross Country Carnival in Week 3. They will demonstrate fundamental movement skills in different movement situations through track and field skills such as long jump, shot put, high jump and running sprints and participate in the St Joseph's Athletics Carnival in Week 11.

Year Three

The students participate in fun team games and begin to adopt inclusive practices when participating in physical activities. They will understand the benefits of being fit and physically active and will begin to participate in the Cross Country Carnival in Week 3. Students will link fundamental movement skills such as throwing, jumping and running when demonstrating track and field skills such as long jump, shot put and high jump. They will compete in the St Joseph's Athletics Carnival in Week 11. They will learn basic AFL skills and participate in mini AFL game situations at Friday Interschool Gala Sports.

Year Four

The students participate in fun team games and begin to adopt inclusive practices when participating in physical activities. They will understand the benefits of being fit and physically active and will begin to participate in the Cross Country Carnival in Week 3. Students will link fundamental movement skills such as throwing, jumping and running when demonstrating track and field skills such as long jump, shot put and high jump. They will compete in the St Joseph's Athletics Carnival in Week 11. They will participate in small sided soccer games at Friday Interschool Gala Sports.

Year Five

They will understand the significance of physical activity participation to health and wellbeing and will continue to prepare for the Cross Country Carnival in Week 3. The students will apply movement concepts and strategies to perform their best in track and field skills such as long jump, high jump and shot put. They will compete in the St Joseph's Athletics Carnival in Week 11. They will participate in netball at Friday Interschool Gala Sports.

Year Six

They will understand the significance of physical activity participation to health and wellbeing and will continue to prepare for the Cross Country Carnival in Week 3. The students will apply movement concepts and strategies to perform their best in track and field skills such as long jump, high jump and shot put. They will compete in the St Joseph's Athletics Carnival in Week 11. They will participate in touch football at Friday Interschool Gala Sports.

